

Child's Name:.....

Highlight or circle your option.

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Commencing:		5th Sept, 25th Sept, 16th Oct, 13th Nov, 4th Dec		
Minced Beef Bolognese Egg Florentine Wholegrain Pasta Mixed Peas & Sweetcorn ~ Peach Crumble & Custard ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Roast Pork Quorn Toad in the Hole Roast Potatoes Broccoli ~ Lemon Drizzle Cake ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Chicken & Sweetcorn Casserole Vegetable Korma Mixed Grain Rice Green Beans ~ Chocolate Sponge & Chocolate Sauce ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Roast Beef Roasted Veg Lasagne Roast Potatoes Carrots ~ Strawberry Jelly ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Cheese & Tomato Pizza Ham Omelette Chipped Potatoes Garden Peas ~ Gingerbread & Vanilla Sauce ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit
Week 2 Commencing:		11th Sept, 2nd Oct, 30th Oct, 20th Nov, 11th Dec		
Chicken Star Pie Spaghetti in Tomato Sauce Mashed Potatoes Broccoli ~ Orange Jelly ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Roast Turkey Vegetable Scone Bake Roast Potatoes Green Beans ~ Carrot Cake ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Savoury Minced Beef with Cheesey Rice Ratatouille Burritos & Diced Potatoes Garden Peas ~ Syrup Sponge & Custard ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Roast Pork Quorn & Vegetable Pie Roast Potatoes Baby Carrots ~ Jam Doughnuts ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Cod Fish Fingers in Batter Cheese Flan Chipped Potatoes Spaghetti Hoops or Sweetcorn ~ Chocolate Brownie & Ice Cream ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit
Week 3 Commencing:		18th Sept, 9th Oct, 6th Nov, 27th Nov,		
Meatballs in Tomato Sauce Cheese & Onion Pasty with Potatoes Pasta Spirals Mixed Vegetables ~ Chocolate Mousse ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Roast Beef Vegetable Burgers on Baps Roast Potatoes Carrots ~ Raspberry Sponge & Custard ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Grilled Pork Sausages Quorn & Tomato Casserole Mashed Potatoes Spaghetti Hoops or Peas ~ Oaty Tray Bake ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Roast Turkey Cheese Omelette Roast Potatoes Broccoli ~ Strawberry Topped Crumble & Custard ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit	Chicken or Vegetable Nuggets Baked Cod Fillet, no breadcrumbs or batter Chipped Potatoes Baked Beans or Garden Peas ~ Toffee Fudge Tart ~ Selection of Fresh Salad Freshly Cut Bread Low Fat Yogurt Selection of Fresh Fruit

Fresh Salad (Lettuce, Cucumber and Grated Carrot) is available daily as a vegetable alternative if ordered the day before.

* Jacket Potatoes can be provided as an alternative if requested the day before.