



<b>Week 2</b> <b>Dish</b> April-July '18	<b>Day</b>	gluten	Cereals with gluten	Crustacea	Eggs	Fish	Peanuts	Soybean	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Yoghurts	Daily								✓							
Meatballs in Tom Sauce	Mon	✓ wheat						✓			✓					
Veg Chilli	Mon															
Rice	Mon															
Syrup Sponge & Custard	Mon	✓ wheat			✓				✓							
Roast Turkey	Tues															
Gravy	Tues	✓ wheat			✓			✓ *mc	✓ *mc		✓ *mc	✓ *mc				
Y Pudding	Tues	✓ wheat			✓				✓							
Cheese & Potato Pie	Tues	✓ wheat							✓							
Roast Potatoes	Tues															
Flapjack	Tues		oats													
Spaghetti Bolognaise	Weds	✓ wheat/ semolina						✓			✓					
Veg Lasagne	Weds	✓ wheat/ semolina							✓							
Garlic Bread	Weds	✓ Wheat							✓							
Strawb Mousse	Weds								✓							
Roast Gammon	Thurs															
Gravy	Thurs	✓ wheat			✓			✓ *mc	✓ *mc		✓ *mc	✓ *mc				
Y Pudding	Thurs	✓ wheat			✓				✓							
Roast Potatoes	Thurs															
Roast Quorn	Thurs				✓ white				✓							
Toffee Fudge Tart	Thurs	✓ wheat							✓							
Chicken Nuggets	Fri	✓ wheat			✓				✓							
Tuna & Cod Pie	Fri	✓ wheat			✓	✓ Tuna & Cod			✓							
Chips	Fri															
Choc Ice	Fri								✓							
<b>*mc (may contain)</b>																

<b>Week 3 Dish</b> April - July '18	<b>Day</b>	Cereals with gluten	Crustaceans	Eggs	Fish	Peanuts	Soybean	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Yoghurts	Daily							✓							
Chicken & Ham Pie	Mon	✓ wheat					✓ *mc	✓ *mc		✓ *mc	✓ *mc				
Bean Casserole	Mon														
Creamed Pots	Mon							✓							
Strawb Jelly	Mon														
Roast Beef	Tues														
Gravy	Tues	✓ wheat					✓			✓					
Y Pudding	Tues	✓ wheat		✓				✓							
Roast Quorn	Tues			✓ white				✓							
Gravy for Quorn	Tues						✓ *mc	✓ *mc		✓ *mc	✓ *mc				
Roast Potatoes	Tues														
Jam Sponge & Custard	Tues	✓ wheat		✓				✓							
Cheese & Tomato Pizza	Weds	✓ wheat & barley						✓							
Baked Cod	Weds				✓ cod										
Oven Potatoes	Weds														
Mandarin Cheesecake	Weds	✓ wheat						✓							
Roast Gammon	Thurs														
Gravy	Thurs	✓ wheat		✓			✓ *mc	✓ *mc		✓ *mc	✓ *mc				
Y Pudding	Thurs	✓ wheat		✓				✓							
Roast Potatoes	Thurs														
Cheese Omelette	Thurs			✓				✓							
Choc Cookies	Thurs	✓ wheat		✓				✓							
Cod in Batter	Fri	✓ wheat			✓ Cod			✓			✓				
Veg Pancakes	Fri	✓ wheat		✓				✓							
Spaghetti Hoops	Fri	✓ semolina													
Iced Cake	Fri	✓ wheat		✓				✓							

\*mc (may contain)