



<b>Week 2</b> <b>Dish</b> April-July '17	<b>Day</b>	Cereals with gluten	Crustacea	Eggs	Fish	Peanuts	Soybean	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Yoghurts	Daily							✓							
Sweet & Sour Chicken	Mon	✓ wheat					✓			✓		✓			
Veg Pancake Roll	Mon	✓ wheat													
Rice	Mon														
Syrup Sponge & Custard	Mon	✓ wheat		✓				✓							
Roast Pork	Tues														
Gravy	Tues	✓ wheat													
Y Pudding	Tues	✓ wheat		✓				✓							
Tortilla Quorn	Tues	✓ wheat													
Roast Potatoes	Tues														
Flapjack	Tues	oats													
Spaghetti Bolognaise	Weds	✓ semolina													
S & Sour Veg with Brown Rice	Weds									✓					
Garlic Bread	Weds	✓ Wheat						✓							
Orange Jelly	Weds														
Roast Turkey	Thurs														
Gravy	Thurs	✓ wheat													
Y Pudding	Thurs	✓ wheat		✓				✓							
Roast Potatoes	Thurs														
Veg Lasagne	Thurs	✓ Wheat/ semolina						✓							
Toffee Fudge Tart	Thurs	✓ wheat						✓							
Pork Sausage	Fri	✓ wheat						✓							
Veg Sausage	Fri	✓ wheat													
Tuna & Cod Pie	Fri	✓ wheat		✓	✓ Tuna/ Cod			✓							
Chips	Fri														
Choc Brownie & Ice Cream	Fri	✓ wheat		✓				✓							

<b>Week 3</b> <b>Dish</b> April - July '17	<b>Day</b>	Cereals with gluten	Crustaceans	Eggs	Fish	Peanuts	Soybean	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Yoghurts	Daily							✓							
Pork Meatballs	Mon	✓ wheat						✓							
Macaroni with Tomato & Cheese	Mon	✓ Wheat semolina						✓							
Creamed Pots	Mon							✓							
Chocolate Cookies	Mon	✓ wheat		✓				✓							
Roast Beef	Tues														
Gravy	Tues	✓ wheat					✓			✓					
Y Pudding	Tues	✓ wheat		✓				✓							
Veg Toad	Tues	✓ wheat		✓				✓							
Roast Potatoes	Tues														
Jam Sponge & Custard	Tues	✓ wheat		✓				✓							
Cheese & Tomato Pizza	Weds	✓ wheat						✓							
Baked Cod	Weds				✓ cod										
Oven Potatoes	Weds														
Ice Cream Sponge Roll	Weds	✓ wheat		✓				✓							
Roast Pork	Thurs														
Gravy	Thurs	✓ wheat													
Y Pudding	Thurs	✓ wheat		✓				✓							
Roast Potatoes	Thurs														
Spanish Omelette	Thurs			✓											
Carrot Cake	Thurs	✓ wheat		✓				✓							
Cod in Batter	Fri	✓ wheat		✓	✓ Cod			✓							
Veg Pancakes	Fri	✓ wheat		✓				✓							
Spaghetti Hoops	Fri	✓ semolina						✓							
Iced Cake	Fri	✓ wheat		✓				✓							